***2 Samuel 22: (David's song of praise), KJV, emphasis mine, "***And David spake unto the Lord the words of this song in the day that **the Lord had delivered him out of the hand of all his enemies**, and out of the hand of Saul: 2And he said, The Lord is my rock, **and my fortress**, and my deliverer;3The God of my rock; in him will I trust: he is my shield, and the horn of my salvation, my high tower, and my refuge, my saviour; thou savest me from violence.**4I will call on the Lord, who is worthy to be praised**: so shall I be saved from mine enemies. 5When the waves of death compassed me, the floods of ungodly men made me afraid; 6The sorrows of hell compassed me about; the snares of death prevented me; 7In my distress I called upon the Lord, and cried to my God: and he did **hear my voice** out of his temple, and my cry did enter into his ears.”

**Now, here’s something to “keep under your hat”---from Matthew Henry’s Commentary, “This chapter is a psalm, a psalm of praise; we find it afterwards inserted among David’s psalms (**[**Ps. 18**](http://www.biblestudytools.com/psalms/18.html)**,) with some little variation. We have it here as it was first composed for his own closet and his own harp; but there we have it as it was afterwards delivered to the chief musician for the service of the church, a second edition with some amendments; for, though it was calculated primarily for David’s case, yet it might indifferently serve the devotion of others, in giving thanks for their deliverances; or it was intended that his people should thus join with him in his thanksgivings, because, being a public person, his deliverances were to be accounted public blessings and called for public acknowledgments.”**

Samuel recorded David praising God. And there is something wondrous,

"un"-explainable, fantastic, grand, marvelous, wonderful, and extraordinary about praising our Heavenly Father, our perfect Lord and Savior who”**heard my voice!”**

***This fine, fantastically fabulous, “My Fortress” Friday, turn your thoughts toward the Savior, and “*Call on the Lord, who is worthy to be praised!”**

**Tick….tock….time’s ticking! Find the fortress, and…..**

**It is always, because of Him…..lindi**

**Dear Lord and God, thank You for King David’s promising words that show Your might and power and wonder. Thank You for the promise of Your “always” help. Forgive me when I doubt, and falter, and stumble. “Pick me up” when I trip, and set me on Your designated path. Show Yourself true today, to those who doubt, and question, and argue. Bring Your words forth into life to those seeking You. Send healing and help to those hospitalized, those suffering, and those dying. Bring Your promises to life in my work, my challenges, and my strivings. Forgive me. Help me. Guide me. Send Your angels to help Israel and Jerusalem, and quickly bring Your new and perfect Kingdom to earth! I love You always. In Jesus’ name, Amen.**

***God can deliver you from your enemies……He sent Jesus just for you. If you don’t know Him, call me…..let’s talk about the Savior…316-323-3889.***