**Psalm 61:1-4, KJV, emphasis mine,**  “Hear my cry, O God; attend unto my prayer.From the end of the earth will I cry unto thee, **when my heart is overwhelmed: lead me to the rock that is higher than I.** For thou hast been a shelter for me, and a strong tower from the enemy.I will abide in thy tabernacle for ever: I will trust in the covert of thy wings. Selah”

*For everyone who is deserted,* desperate, depressed, dejected, desolate, despairing, despondent, destroyed, disconsolate, discontented, distressed, doleful, dolorous, disappointed, down in the mouth, downcast, discouraged or dismayed, **(i.e., forlorn, forsaken, or friendless)![C:\Users\Linda\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\H72VFY1T\MC900437789[1].wmf]()**, *Psalm 61 was written by King David especially,* ***specifically for you!!***

 *God, the Almighty Father, knew thousands of years ago that you* **(and me!)** *would need these words of comfort and hope. Remember, today, this* ***"When My Heart" Monday,*** *to lean on* ***"the rock that is higher than I,"***

*appreciating that in the person of your great God, you have a*

***refuge and strong tower ![C:\Users\Linda\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\ED2QES59\MM900041090[1].gif]()who is listening to your prayers!***

**“when my heart is overwhelmed: lead me to the rock that is higher than I.”**

It is always....

Because of Him,

**lindi**

**Dear Great God, in the mystery of Your goodness, I find peace. In the presence of Your Holy Word, I find comfort. In the shelter of Your wings, I find safety. Protect me under the trust of Your covering and love. Take me away from meanness, criticism, denigration, censure, chastisement, rebuke, reproach and hatred. Forgive my flaws and faults and failings and frailty, and keep me from bitterness. Let me be strong and steady in Your Word. Be with the hungry and needy, the sick and sorrowing, and show me how to serve You. Bring to earth Your Kingdom, my “soon coming” Kingdom! Protect Your people Your city, Jerusalem! I love You with all my heart. Keep me true. Keep me faithful to You. In Jesus’ name, Amen.**